



# Women's Sober Living Program

**The Hope House by Winds of Change** is a women-only sober living residence providing structured, supportive housing for women committed to recovery from substance use disorders.

We serve women **transitioning from treatment**, participating in outpatient care, or seeking additional structure to support long-term sobriety.



## Who We're a Good Fit For



**Women** ages 18 and older



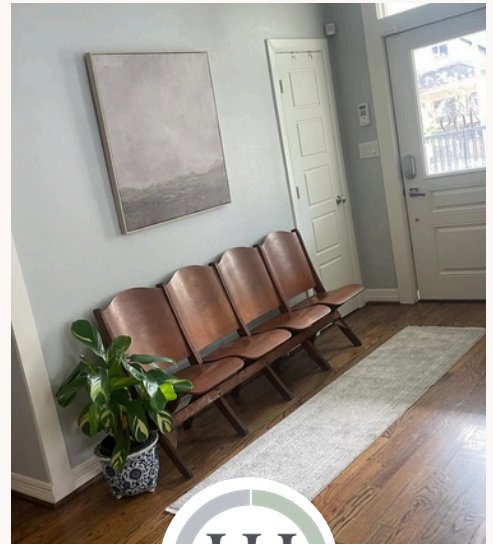
Actively engaged in recovery, therapy, or **outpatient treatment**



Medically **stable** and not in need of detox



Willing to follow house structure and **accountability** guidelines



### Contact for Referrals or Information:

713-469-0502 | [Info@wocrecovery.com](mailto:Info@wocrecovery.com)  
[wocrecovery.com](http://wocrecovery.com)

• Confidential intake • Quick response •  
• Structured Support •

# What We Offer



Structured **sober living** with 24/7 accountability



**Shared room** accommodations in a safe, welcoming home



Daily **meals** provided



**Transportation** to therapy and recovery meetings



Individual and **group therapy** coordination



**AA** and women's **recovery groups**



**Yoga** and **wellness** programming



Case management and **recovery coaching**



**Sponsor** support and **accountability**

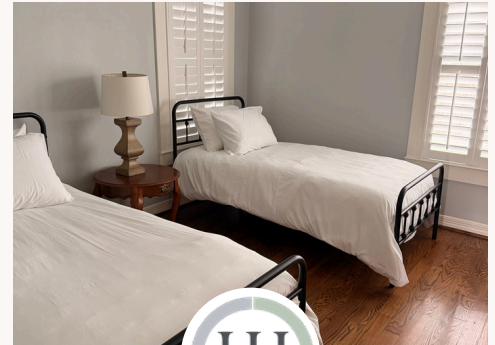


## Why The Hope House

- ✓ **Women-only**, trauma-aware environment
- ✓ Clear structure and predictable routines
- ✓ Collaboration with therapists and providers
- ✓ Compassionate, respectful support



The  
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by WINDS of CHANGE



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# Program Details



Monthly Cost: **\$1,800**

Location: **Houston**, Texas



*The*

**HOPE HOUSE**

*by WINDS of CHANGE*



## Ready to discuss placement or availability?



**Call or text:** 713-469-0502



**Email:** [Info@wocrecovery.com](mailto:Info@wocrecovery.com)

Or scan to start a confidential intake:



- Takes less than 2 minutes • Confidential •
- No obligation •



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